



Presenting the First Annual

# ***RUN*SLIM Rock N' Run**

## **10K Road Race**

**The *RUN*SLIM Rock N' Run 10k**  
**Saturday, July 22, 2006**  
**Alexandria, VA**  
**8 – 11 am**

Please plan to support the Alexandria Office on Women by participating in this event! Twenty-five percent of the funds will be donated by the FreeGirl Foundation to the Alexandria Office on Women.

### **July 22 – SCHEDULE FOR EVENT**

- 7:00 am – Registration opens onsite at Patrick Henry Elementary
- 8:00 am – Race begins
- 10:30 am – Course Closes
- 10:30 am – Closing Ceremonies

### **REGISTRATION FEES:**

- Register prior to June 16: \$20
- Register on or after June 17: \$25

For more information or to register online, please visit the website at **[www.runslim10k.com](http://www.runslim10k.com)**. To volunteer at the event, please call **703.838.5030 x112**.



The Alexandria Office on Women provides crisis intervention, support, advocacy, and counseling for victims of domestic violence and sexual assault, coordinates an awareness program for teen pregnancy prevention, provides community education and outreach, manages mentoring programs for youth, and sponsors several annual special events, including the Walk to Fight Breast Cancer and Salute to Women Awards Banquet.

